



HAWKESLEY CHURCH PRIMARY ACADEMY

PE EYFS – KS1 Bridge

	ELG 6 Gross Motor Skills	How this is achieved in EYFS	Physical Education KS1
Specific Area of Learning Physical Development	<ul style="list-style-type: none"> • Negotiate space and obstacles safely, with consideration for themselves and others • Demonstrate strength, balance and co-ordination when playing. • Move energetically, such as running, jumping, dancing, hopping, skipping and climbing. 	<ul style="list-style-type: none"> • Children have regular access to appropriate outdoor space through the day. • Physical development is a priority for children within the EYFS as this is fundamental to developing the writing skill. • Open-ended resources are provided so that children often make assault courses that develop their balance and co-ordination. • Open-ended resources are available for extended, repeated and regular practising of physical skills like lifting, carrying, pushing, pulling, constructing, stacking and climbing. • Children use the playgrounds, and adventure equipment, weekly to support with physical development. • In the summer term, the children begin to practice simple sports ((e.g. throwing, catching, kicking, skipping, running and multi-step sporting activities (i.e. running and balancing, hopping and balancing) in preparation for sports day. • The children have a weekly focus with Corporal Tom to develop their physical development using gymnastic equipment within the hall. • The children also have a weekly write dance session to support physical development. 	<ul style="list-style-type: none"> • Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities. • Participate in team games, developing simple tactics for attacking and defending. • Perform dances using simple movement patterns.